

MHAC Minutes

MINORITY HEALTH ADVISORY COMMITTEE (MHAC)		
3.8.2016	10:00 – 12:00	CPH ROOM 119C
Meeting called by	RYAN JOHNSON OMH PROGRAM DIRECTOR	
Type of meeting	BI-MONTHLY MEETING	
Facilitator	RYAN JOHNSON	
Note taker	TARA TUCKER	
Attendees	Ryan Johnson CPH, Jen Ludwin CPH, Rob Acquisle CPH, Makeda Porter CPH, Jesus Ovalle CPH, Reina Sims OCMH, Hibo Noor CPH, Krizia Melendez Garver YMCA, Virginia Nunes, Mt. Carmel, Tara Tucker CPH, Barb Seckler CPH, Bhuwan Ryaknel, Primary One Health, Nicole Jackson, Children & Nature Network, Amber Jones, CPH, Dane Drekey OHCO, Chau-Sa Dang OSU, Vianela Cepe da PCC, Rob Braun Otterbein, Dennis Madden Childrens Hospital, Lauren Fitting Lifeline of OH, Katie Guy Latino Ministry Center, Eric Green ODH, Kahassai Tafese Molina, Toya Johnson CRC, Paloma Arroyo OH Hispanic Coalition, Jaclyn Kiisih CRIS, Chip Allen ODH, Amy Kaufholz OCMH, Lindsey Latscha CPH, Malaika S-Wilson CPH, Virginia Clark CPH, Ricardo Granados Metro Parks, Cheryl Graffagnino CPH, Phil Hargrove Molina, Lili Limon CPH, Deborah Crawford CPH (Evaluator),	
Item One: Food Action Plan Presentation (Update)		
15 Minutes	Cheryl Graffagnino	
Overview and Objectives	Plan Update January 2015 – December 11, 2015	
Joint effort of City, County, and Health Food Matters program		
Objective: How to knit resources together to provide focus on local food efforts via fiscal, health access, and grassroots efforts and perspectives		
Constructive Discourse: Occurred to determine where we are and where we are going. <ul style="list-style-type: none">Assessed current conditions of local food systems including markets, barriers to accessNeighborhood meetings, surveys, and interviews were conductedRepresentatives from neighborhoods and community gardens were approached		
Current Conditions Report: First major deliverable completed. Issues to address include: <ul style="list-style-type: none">Feedback from community reps receivedFinal plan to focus on inequities and seek a broader spectrum of persons for change<ul style="list-style-type: none">Marginal, Low, and Insecure food persons at highest riskNo access to local healthy foodsHelping food service workers in low paying positionsEnsuring good food isn't wasted<ul style="list-style-type: none">Food waste (remnants of eaten foods-i.e. apple cores) vs. Wasted Food (uneaten or half eaten foods)Recognizing the role of emergency food in local systemsCivic agriculture-growing food and communities		

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Conclusions:		
LPAP Vision Statement established		
Compiled potential list of over 800 actions and condensed list to 146-sorted condensed list by focus areas		
Action Items	Person	Deadline
Will soon ask for additional feedback on potential actions from community groups <ul style="list-style-type: none">Seeking to address current problemsDetermine which potential actions/issue do not make sense within the confines of the overall planAddress some of the more controversial potential actions	Food Action Committee	December 2015-Present
Draft Policy and Program recommendation report <ul style="list-style-type: none">Developed from initial potential actionsBegin to move Plan toward vision (implementation	Food Action Committee	In Progress
Will open to public forum <ul style="list-style-type: none">Full report located on City of Columbus website under Local Food Action PlanUpdates to be sent to all on current contact list when each new level of the plan is reached	Food Action Committee	Mid-March
Item Two: OH Commission on Minority Health Site Visit		
5 Minutes	Amy Kaufholz, MPA	
Updates		
Minority Health Month – April 2016 <ul style="list-style-type: none">State Kickoff Event March 24 @ Vern Riffe Center		
Supplemental funding is available from the OH Commission on Minority Health <ul style="list-style-type: none">2017 RFP will be released in June (Applying strongly encouraged)Send application and committee will respond directlyAvailability is based on level of fundsMay apply year round		
Will hold meeting on policy objectives soon (Date/Time TBA)		
Item Three: MHAC Updates		
15 Minutes	Jesus Ovalle	
Updates		
Compiling all initiatives for Minority Health Month (MHM)		
April 2, 2016 is the Office of Minority Health (OMH) kickoff – Mexican Consulate		

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16 Agencies are currently signed up as vendors. Vendor registration is still available (forms available)	
Interpreters available by advanced request	
<p>OMH at Columbus Public Health (CPH) hosts the Mexican Consulate twice per year in April and October. The Consulate is based in Indianapolis, IN, and offers Mexican citizens the opportunity to receive passports and other important documentation without having to travel to the IN office. OMH uses this venue to offer healthcare screenings and services as well as open the same opportunities to MHAC providers and partners.</p>	
<p>The drafts of the MHM City Billboards are completed and created to make language more easily understood by emerging populations</p> <ul style="list-style-type: none"> • B1-“Good Health Lets us soar...” pictured with male/female children • B2-Same Message...pictured with one male child • B3-Same Message...pictured with one female child*** 	
Conclusions	
Registration packets for OMH kickoff are still available. Please contact OMH reps ASAP to register or request an interpreter for your station.	
Vote is for B3 with more easily read writing on billboard	
Will discuss suggestions with CPH Communications department for updates and final draft	
Item Four: Local Conversations Data and Q&A	
Remainder of Meeting	Lindsey Latscha, Jen Ludwin
Data Update	Bhutanese/Nepali Population
OMH has retrieved 250 survey respondents thus far, exceeding the requested 100 by almost triple the amount	
African American population is still left to complete	
Bhutanese Neighborhood Community Center (BNCC) event on 12/16/15 yielded 23 respondents	
Conclusions:	Data Results

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- 44% between ages of 55-64
- 22% between ages of 18-24
- Majority of respondents report health rating as Fair/Poor
- Some top health concerns include: heart disease, asthma, depression/anxiety, diabetes
- Majority report receiving health information from doctor/nurse, and family/friends
- 2/3 of respondents go to primary care for health issues
- 30% go to emergency room for health issues
- 10% seek alternative care
- 72% are comfortable with health providers
- Barriers to health care include: (majority) no insurance coverage, cannot afford medication, doctor visits

****Discussion Q&A listed at end of notes**

Item Five: MHAC Wrap up/Announcements		
End of Meeting	ALL	
Next Meeting: May 10, 2016 CPH Room 119C		
Information on MHM Calendar is pending-Will forward to Committee when completed.		
April 11 5:00 – 7:30 Prevent Blindness Screening at Mt Carmel Contact: V Nunes 614-500-0806		
April 30 YMCA Healthy Kids Day at the Hilltop, Powell, Karl Road, and Grove City Locations Contact: K. Melendez 614-384-9622		
April 5 Step One Pregnancy Health Contact: 614-721-0009		
April is “Donate Life” (Organ and Tissue Donation) Month		
April 30 10:00 – 3:00 Children and Nature Network (Learn you Park) Outdoor event at Scioto Audubon Park (MHM event)		
May 4 5:00 - 8:00 Women of Color Caucus fea. Call to Men (of color), Violence Prevention, speaker Tony Porter OSU Extension Center Contact: Eric Greene ODH 614-728-4884		
March is Developmental Disabilities Awareness Month		
Conclusions		
Some events noted coincide with or are a part of MHM.		
Action Items	Person	Deadline
Please follow up with the contact persons/phone numbers listed for further information on listed events	N/A	N/A
Item Six: Local Conversation Q&A		
Supplemental	All	

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QUESTION ONE:	What programs and services are currently available to the Somali Community to address these top health concerns?
	<ul style="list-style-type: none"> • FQHC'S • Free Clinics (II) • CPH (III) • CHW'S/Outreach workers • Refugee resettlement agencies-CRIS (II) • I/S in different agencies • Managed Care Programs (III) • Transportation • Bhutanese Nepali Community Center BNCC (IIII) • Job & Family Services (II) • United Health Care (managed care plans) • Asian American Community Services • Physicians Care Connection/Physicians Free Clinic • Ethiopian Tewahedo Social Services (ETSS) • North Health Advisory Committee • ADAMH • Recreation Centers • American Cancer Association • Religious/Faith Based groups • Food Pantries <p><i>*Note: Hash marks indicate number of times suggestion was made among members.</i></p>
QUESTION TWO	What collaborative efforts can be done among this committee to address the barriers shared?
	<ul style="list-style-type: none"> • Wellness Programs/Health Fairs • On Site Services • Interpreters • Interactive classes/activities (II) • Community Meetings • Community picnics/gatherings • Providing materials in native language • Provide basic health info; lack of understanding of healthcare system • Looking for info through family/friends; need healthcare advocates from community • Partnership with COTA buses to provide bus passes and explain transportation (III) • Research from OSU or other colleges/organization (i.e. YMCA); Facilitation program targeted to this community

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- MHAC resource pool
- Connect BNCC representatives to MHAC agency representatives **(III)**
- Share our information with other relevant city groups
- Connect w/MHAC sources that provide free/low cost medication
- Develop a Bhutanese/Nepali health fair similar to Somali and Latino fairs
- Translation of Health resources, managed care plans, etc..., and utilization of current resources
- Empowering women to be proactive about family's healthcare needs (especially men of the family)
- Cultural Competency for providers with community members/leaders **(II)**
- Develop resource guide to share within service networks and increase linkages
- Education
- Collaborative efforts with other stakeholders
- Targeting employers where large numbers of Bhutanese/Nepali workers exist to distribute info
- Working with CDJFS
- CMHA

****Note: Hash marks indicate number of times suggestion was made among members.***